

# Get Back to What You Love



## AdventHealth is a proud corporate member of Hammock Dunes Club

Exclusive access to physical therapy inside the Fitness Center is provided only to Hammock Dunes Club members. The AdventHealth Palm Coast Sports Med & Rehab team can help alleviate many kinds of muscle and joint problems, ranging from sports injuries to back pain.

Our **Titleist Performance Institute** (TPI) Certified therapists can navigate the world of golf-specific injuries and golf-specific rehabilitation. Getting physical therapy at the first sign of pain or discomfort can ultimately save patient's time and money. Some examples of areas we treat include -

- Back pain
- Neck pain
- Pelvic pain
- Sports injuries
- Muscle or joint pain
- Sprains, strains, aches or pains

To schedule your appointment,  
please call **386-586-1670, option 2.**

  
**AdventHealth**  
Sports Med & Rehab

[AHSportsMedCentralFL.com](http://AHSportsMedCentralFL.com)